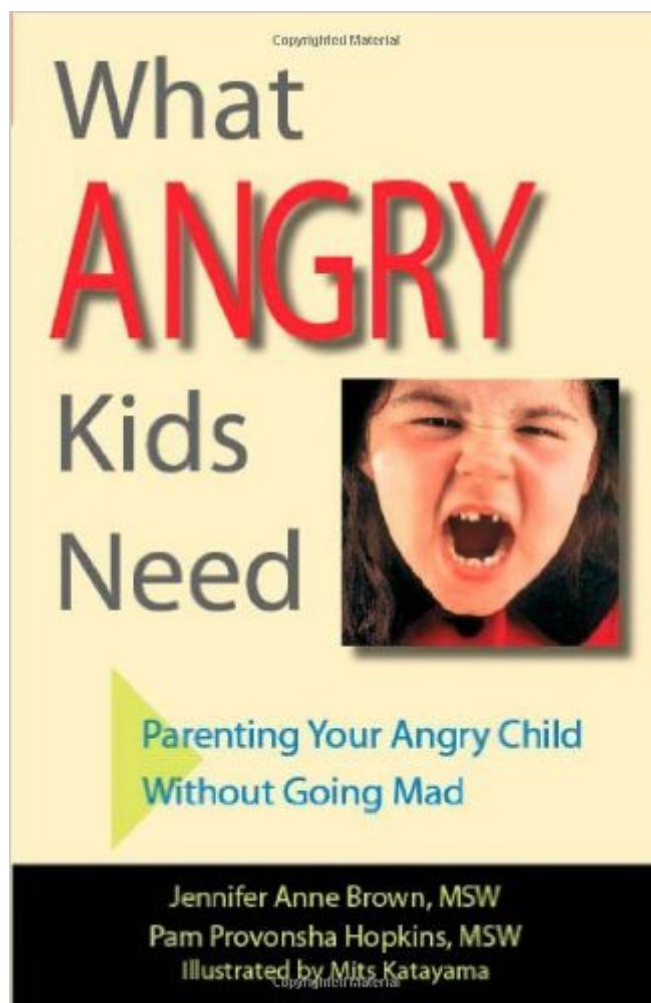


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# What Angry Kids Need: Parenting Your Angry Child Without Going Mad



## Synopsis

A child screams. A door slams. I hate you! is yelled again. You know someone's been hit, or the dog's been kicked, or toys have been broken. Is this your child or a child you work with? Then you may find the help for both of you in *What Angry Kids Need: Parenting Your Angry Child Without Going Mad*. Anger experts Jennifer Anne Brown and Pam Provonsha Hopkins, western Washington counselors who have worked with angry children their entire careers, have written what has already been described as a comprehensive look at children's anger. In language every parent, caregiver and teacher can understand (even when exhausted and frustrated), it explains why kids get angry, what anger management skills they (and the entire family) can be taught, how adults can model anger management techniques and how adults can cope when nothing seems to work. The authors, who emphasize the importance of patience and practice in developing the ability to handle anger, also explain the options available when more help is needed.

## Book Information

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Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (21 customer reviews)

Best Sellers Rank: #219,400 in Books (See Top 100 in Books) #112 in [Books > Self-Help > Anger Management](#) #636 in [Books > Parenting & Relationships > Special Needs](#) #3348 in [Books > Parenting & Relationships > Parenting](#)

## Customer Reviews

This is a short, easy guide to parenting and grandparenting. It deals not only with a child's anger, but also with disappointment, sorrow and change - from the causes of these emotions to appropriate handling. This book gives step by step instructions for helping your child develop into an independent and healthy individual.

This book hit the nail on the head. Not only did the authors address the child's issues, but they address the needs of the parents as well. It contains very clear and relevant situations for teaching

children about feelings, before, during and after a crisis. The examples are extremely useful without being preachy. The whole tone of the book is supportive and understanding, which struggling parents need. I even like the length of this book, as it's thorough without requiring a month to read, which busy parents can rarely spare. Outstanding!

Great, practical guide! I'm a teacher and I recommend this book to my students' parents. It is not just another "head-shed" psychobabble exercise in double-speak. It is full of practical, ready to use techniques that will help the struggling parent maintain positive control of an angry child. Giving children a vocabulary to express their feelings is just one of the many effective prescriptions this book offers up. A must read for professionals as well as parents.

I have a very angry child and so far this book has helped out alot. Even though some of the information should be common sense, it becomes foreign to us when we have had to deal with an angry child for so long & become stressed over it & life's other trial. This book teaches & reminds me both. Its a must read for any parent that has a angry child in their mist or even in their families mist.

I am a therapist that often works with children experiencing emotional and behavioral difficulties. After reading this book, I am adding it to my list of resources I will recommend to parents struggling with how to respond to their children. It is a very easy to read, hands-on guide that can help give more "tools" and also a better understanding of what may be underlying their child's behavior. A must read and use for parents (and therapists)!

The temper tantrum in a public place - something all parents have learned to fear and loathe. "What Angry Kids Need: Parenting Your Angry Child Without Going Mad" is a complete and comprehensive guide to assist parents with their kids' temper flareups and how to calm them back down while improving the parent-child bond - and teaching children better anger management skills and pointing out the line where you should seek professional help. "What Angry Kids Need: Parenting Your Angry Child Without Going Mad" is a must for any parent who fears their child's tantrums may be a problem and for community library parenting collections.

Immediate guidance and results with our 6 year old who has a minor problem. The limited number of illustrations in the book were even of use when talking the problem through with him. Just showing

him the book and letting him read the title was therapeutic and showed him I was sympathetic to his problem. A very useful appendix would be a series of one page cartoon type illustrations along the lines of :-1.How I feel2.How I would like to feel.3.What makes me happy4.What makes me sad5.Mood changing images6.Being part of the family.7.My favourite things and what I like to do.

This book was really helpful at a time when nothing else was. It was a real life-saver- not only for me, but my family as well.

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